# WIC Futures Study Group



April 1, 2015





# Funding Formula

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# New/Improved For FF16

#### Local Contracts:

- Travel in contract
- Discuss computer equipment ownership
- Expansion of peer counselor program (option)

#### State Projects

- New employee training (at state)
- Appointment reminders (working on contract statewide)
- Improved training for stores (cashier online training)
- EBT implementation, training, getting stores ready
- Annual outreach campaign (media)







## Strategic Plan

- Had not been done in WIC
- Good time (staff changes, big projects, accreditation, quality improvement...)
- Want to use in Performance Management, olicy review/updates, project planning, outreach
- Review Document



# Performance Management

#### Health Stat

- Working on for ~2 years
- Challenging process for WIC
- Wanted more meaningful data to measure
- Needed data to track (epi support)

#### Work Plans

- Had 6 (Program Admin, Local Admin, Vendor, Nutrition, IT, EBT)
- Reduced to 3 (Local Admin, Nutrition, Vendor)
- Work in progress



#### WIC

- Review Health Stat
- Metrics:
  - Percent of benefits redeemed
  - Percent of women who are breastfeeding
  - Percent of potentially eligible Montanans who are participating



#### **Nutrition Plan**

- Health outcomes
- Metrics (ideas)
  - Breastfeeding Data
  - BMI Data
  - Smoking Cessation
  - Entry into Prenatal care (trimester)
  - Number of adverse monitoring findings
  - % local agency staff meeting CEU requirements
  - Number of hours staff spend on nutrition education (timestudy)

#### Vendor Plan

- Compliance, integrity, access
- Metrics (ideas)
  - Monitoring (% passed)
  - High risk vendors (% passed compliance buy)
  - Store participation (number of vendors)
  - Number of monitoring experiences
  - Number of compliance buys



#### Local Admin Plan

- Compliance, integrity, access
- Metrics (ideas)
  - Participation (by category)
  - Monitoring Results (number in tier 1)
  - Local agency increase in participation annually

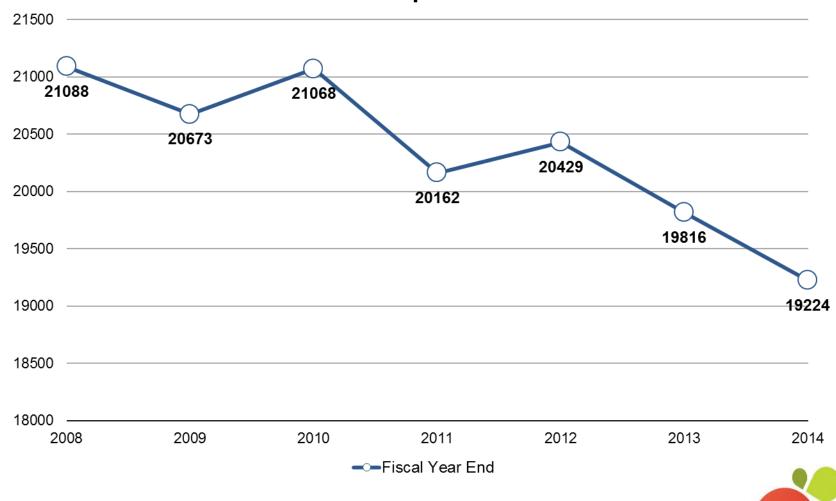


# Outreach & Participation

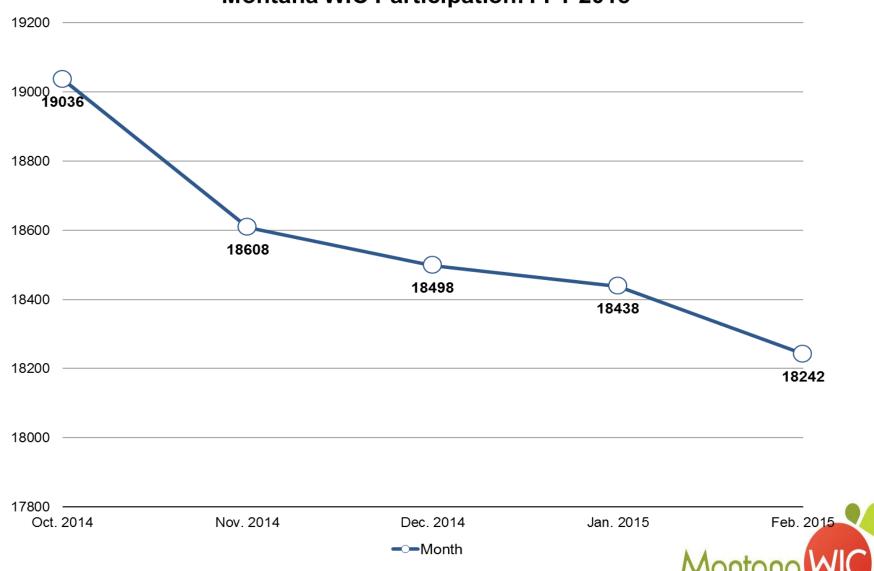




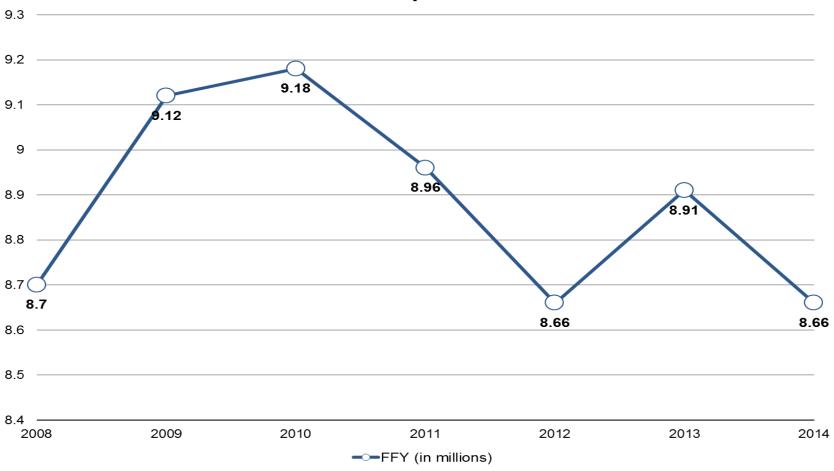
#### **Montana WIC Participation: FFY 2008-2014**



#### **Montana WIC Participation: FFY 2015**



#### **National Participation 2008-2014**





#### **Current State Efforts**

- Media campaign
- Retailer training/outreach
  - Monitoring more frequently
- Focus on outreach plans (written and submitted)
- Utilities report to identify who "dropped off"
- Tip of the month in newsletter
- Collaboration with other programs (IZ, Home Visiting...)



# **Local Agency Efforts**

- Articles (media)
- Posters, fliers around town
- Collaborate with SNAP, Medicaid, TANF, Doctors, Home Visiting... etc.
- Appointment reminders
- Flexible schedules (late clinic, weekend clinic)
- Incentives for participation (reward)



# Staffing & Scheduling

- Room for more appointments?
- Clinic too busy?
  - Seeing participants quarterly? Or more often?
  - Using distance ed.?
- Clinic well staffed?
- Time being used efficiently?
- Flexible hours?



#### **Future Plans**

- Statewide texting for appt. reminders
- Coordinate with interns and FSC
- EBT will be popular- do media campaign around that
- Improved food package (yogurt, pasta, fresh fruits and veggies for babies)
- Refer from Medicaid/TANF/SNAP site to WIC



#### Conference Session

- Invited Food Security Council and MSU Dietetic
  Intern Director & interns
- Will show data
  - Discuss efforts at state and local level
  - Discuss potential for collaboration & projects with interns
  - Brainstorm ideas for increasing participation



## Discussion/Input

- Decreased participation may lead to decreased funding
- Not reaching potentially eligible in Montana
- Economy is improving... but we still have many people in need that we are not reaching
- Ideas? Input?



# State Plan Update

Kate Girard & Bernadette Lahr





#### **Annual Review**

- Updated every year
- Start about January, finish and submit by summer
- Review every policy, update as needed
- Trying to limit change this year
- May have some mid-year updates with EBT
- LOTS of changes in the last few years... will try to be easier on staff this year (if possible)



# Coming in 2016

- Food package updates
- Separation of duties policy
- Clarifications
  - Tribal eligibility
  - End of cert notice vs. Notice of ineligibility
  - WIC money, how it can be spent
  - Integrity (staff serving family, acting as proxy)
  - Time studies
  - Self-monitoring annually
- Complete and full enforcement of all policies

# Staffing: CPA Qualifications

- Federal Reg:
  - MD, RD, PA, NP, RN, "nutritionist" (BS or MS in Nutrition, or Home Economics with nutrition emphasis), or other "medically trained" professional
- Nutrition Services Standards: same as regs
- Montana WIC:
  - Fed. Definition
  - Allows exception for those with a degree if they complete classes (A&P, nutrition courses)
  - More liberal than most states



# Monitoring

Updates for 2015-16

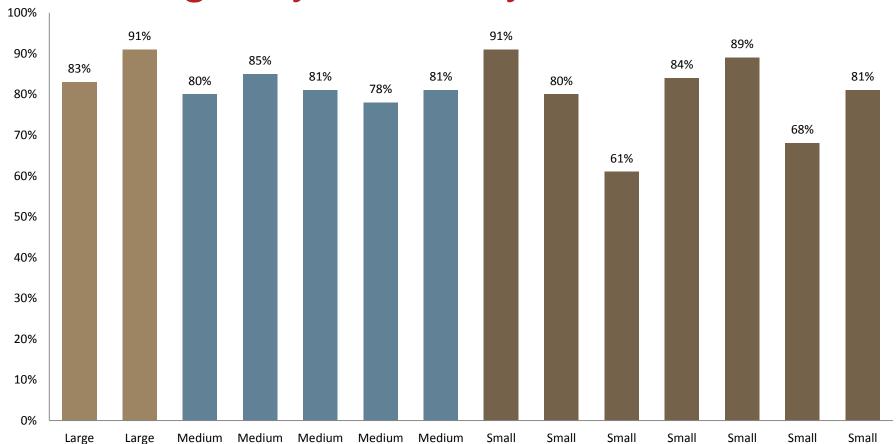




# Background

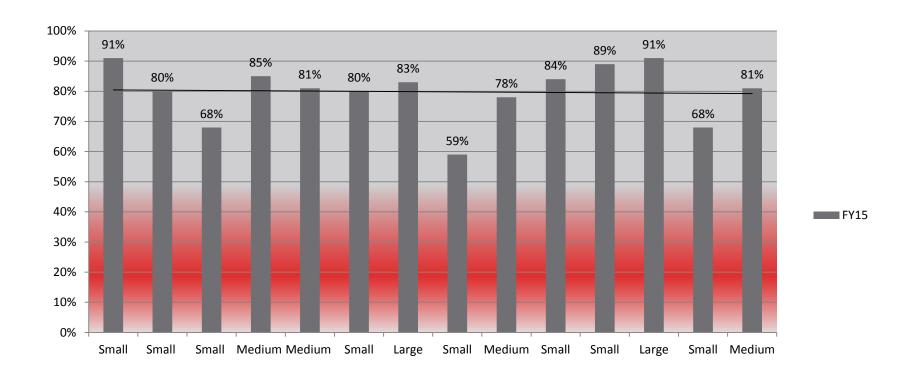
- State ME required every 2 years
  - Internal review required for all as well
  - Should be a learning experience, not punitive
- Updates for 2015-2016
  - Nutrition areas changed
  - "Counting" the plan section
  - Added "observation" but not counting this go around
- Have finished first year of local agency monitoring

# Local Agency Score by Size



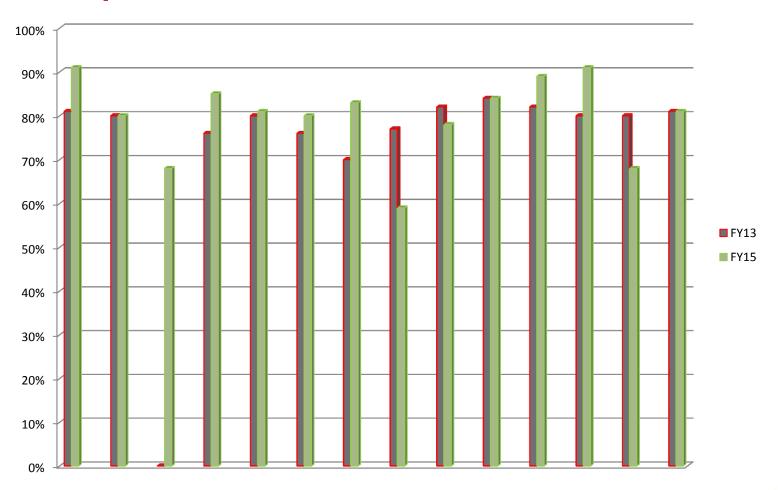


#### Tier 1 - 80% and above





# Comparison of 2013 & 2015



#### Self-Review

- Required for all
  - Internal Quality Improvement
  - Use our materials
- If tier 2 or 3- send to state for review
- Will be reviewing process at conference
  - A lot of discrepancy between what we think is a finding and what locals think is a finding



# Admin Findings Review

- Initial Contact Date
- Civil Rights
- Participant ID
- Representative ID
- Residency
- Income

- End of Cert notice
- Benefit Issuance
- VOC Process
- Confidentiality/ Integrity



# Nutrition Findings Review

- Goal
- Risk Codes
- Nutrition Education Contacts
- Nutrition Assessment Questions
- Referrals

- Anthros/Hgb
- Food Package
- Core Topics
- Plan
- Observations



#### Observation

- Added this year
- Replaces one "area" in nutrition
- Previously there was no way to "count" what we saw in clinic
- Often what is in chart and what is observed is different
- This cycle- discussion only



#### **Observation Areas**

- Customer Service
- Anthro/Hgb Technique
- Required Posters Displayed
- Confidentiality
- Outreach Plan on File
- Nutrition & Breastfeeding Plans on File
- Breast Pump Log
- Breastfeeding Orientation for New Employees

# Summary

- Overall agencies are doing better this round
- Have positive feedback about process/equity
- Internal self-review is an excellent for quality improvement





# **DISCUSSION**



